

CROOK COUNTY CRUSH XC

presented by



Half Fast Velo

Saturday, July 18, 2009



Part of the Oregon XC Series



Detach and send with payment & OBRA Waiver - download at: <http://www.obra.org/pdfs/waiver.pdf>

Categories
(circle one)

1	Pro Men	8	Cat II Men 18 & under	15	Cat III Men 10-14
2	Pro Women	9	Cat II Men 19-34	16	Cat III Men 15-18
3	Cat I Men 19-34	10	Cat II Men 35-44	17	Cat III Men 19-34
4	Cat I Men 35-44	11	Cat II Men 45-54	18	Cat III Men 35+
5	Cat I Men 45+	12	Cat II Men 55+	19	Cat III Women U18
6	Cat I Women	13	Cat II Women	20	Cat III Women
7	Singlespeed	14	Cat II Women 35+		

Note: OBRA and the organizers of this race do not provide insurance coverage for injuries that occur at the race. The costs related to those injuries are the responsibility of the individual participant. Helmets must be worn at all times while on a bike.

OCHOCO CRUSH XC MTB RACE - ENTRY FORM

PRO/Cat I/Cat II/Cat III \$25 Cat III Men 10-14/Cat III Woman U18 \$20

\$5 LATE PAYMENT *After 7/10/09

NAME: _____

ADDRESS: _____

CITY, ST, ZIP: _____

PHONE: _____ EMAIL: _____

CAT: _____ AGE: _____ SEX: _____ XC PLATE #: _____

TEAM NAME: _____

EMERGENCY CONTACT: _____ PHONE: _____

Mail Pre-registration to:
Half Fast Velo
8380 SW Fanno Creek Dr.
Tigard Or, 97224

***Make checks payable to:**
Half Fast Velo

TOTAL ENCLOSED:

□ □ . □ □

For more information contact:

Kevin Thompson

p: 503.481.7662

e: thomsok@loswego.k12.or.us

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Part of the Oregon XC Series, this is a new race at the Ochoco National Forest along the Crooked River in beautiful Eastern Oregon. Race will start in Prineville with plenty of singletrack to challenge all skill levels. The race is a benefit for the Crook County High School athletic department who had their budget cut for the 2009/2010 school year and beyond.

The Course:

Cat 2/SS/Cat 3 course: Turn left (towards Ochoco Ranger station) out of the staging area. At the fork in the road, turn left and climb the paved road for 7 miles. At the saddle, turn right onto trail 804. The top part of the descent has some very technical rocky sections - Please use caution. Approx. 10 miles later you will be at the Ochoco Ranger station. Turn right onto the road. Take the left at the Y and pedal about a mile to the start/finish staging area. Total approx. 17 miles.

Pro/Cat 1: Continue up the road towards Walton Lake for 6 miles. Right turn onto Trail 805a, 10 miles of single track later you will cross a paved road and continue on trail 804. Follow the trail for approx. 10 miles more and you will be at the Ochoco Ranger station. Turn right onto the road, take the left fork and pedal for about a mile to the start/finish staging area. Total approx. 27 miles.

Mapmyride Course map available here: <http://tinyurl.com/mbvepf>

Start Times:

Cat 2 (sport) and Single Speed at 10:00 am, Cat 3 (beg) at 10:02 am, Pro/Cat 1 (expert) at 10:10 am.

Registration Info:

Registration will be available Friday in Prineville (time/location tbd - check race website) and open at 8:00 am on race day. Pre-registration must be in by **July 10th**. OBRA licenses required and available at event; Day \$5, Annual \$20

Directions:

From Prineville to course start: Head east out of town on hiway 26. About 15 miles in, take a right towards Walton Lake. Follow road for 10 more miles where you will pass the Ochoco Ranger station on your left. At the the fork in the road, take the left fork (toward Walton Lake). Parking will be about a mile or 2 up the road onto the dirt road to the right.

Portland to Prineville: Highway 26 over Mt. Hood to Madras and follow all the way into Prineville. Approx. 3 hrs.

Eugene/Corvallis to Prineville: I-5 to Highway 20 to Sisters. Highway 126 from Sisters through Redmond to Prineville.

Prizes:

Prizes for Pro/Cat 1: At least \$300 cash to be distributed among the top 5

Check the race website for updates http://www.halfastvelo.com/09_CrookXC.htm

